

元南女儿国 昆明/大理/剑川/丽江/泸沽湖 KUNMING/DALI/LIJIANG/ JIANCHUAN/LUGU LAKE

8D7N













Lugu Lake 泸沽湖



精简行程:

出发 🛪 昆明 筐—于

(机上用餐/晚

☑ 入住酒店

昆明 🗐 (300公里) 大理 🗐 (110公里) 剑川 (早/午/晚)

- ☑ 理想邦-大理圣托里尼(含下午茶+旅拍)
- ☑ 沮海生态廊道
- ☑ 飞盐茶会(体验现场飞盐茶制作、剑川"兔耳帽"民族服饰 试穿拍照、霸王鞭民族舞蹈互动)

第三天

剑川 🖨 (280公里) 泸沽湖 (早/午/晚)

- ☑ 沙溪古镇: 先锋沙溪白族书局(含电动车接送)
 - 千年集市寺登街、古戏台、玉津桥
- ☑ 十八湾观景台
- ☑ 摩梭篝火晚会

泸洁湖 第四天

(早/午/晚)

- ☑ 体验猪槽船游泸沽湖 里务比岛 (不含游船环岛)
- ☑ 里务比寺
- ☑ 草海(走婚桥)
- ☑ 里格半岛观景台
- ☑ 情人沙滩

泸沽湖 🖨 (200公里) 丽江 第五天

(早/午/晚)

- ☑ 泸沽湖观景台
- ☑ 拉市海湿地公园: 候鸟湾
- ☑ 丽江古城、四方街

第六天

丽江 🖨 (180公里) 大理

(早/午/晚)

- ☑ 雪山峡谷演艺公园
 - (含电瓶车+玻璃栈道+峡谷+木府风云表演)
- ☑ 大理白族民居(含三道茶及歌舞表演)
- ☑ 大理龙龛码头: 水杉树

第七天

大理 🖨 (300公里) 昆明

(早/午/晚)

- ☑ 大理古城 (洋人街) (不含电瓶车)
- ☑ 庾园: 时空穿越网红墙、晋候楼
- ☑ 斗南花市

第八天

昆明 🛪 回程

(早/午/机上用餐)

- ☑ 金马碧鸡坊
- ☑ 钱王老街





7 早餐 / 7 午餐 / 7 晚餐

风味餐: ★ 菌火锅

- ★ 过桥米线+汽锅鸡
- ★ 山老火腿
- ★ 石锅鱼
- ★ 砂锅鱼风味
- 篝火打跳+精品土菜

观光景点:

륁뱐

庾园 - 台湾著名歌手庾澄庆的祖宅,这里是中国中国传统亭台楼阁和西方哥特建筑的

备注: 打卡时空穿越网红墙; 红色哥特式建筑-晋候楼; 应季打卡垂丝海棠、水杉、紫 藤、荷塘、红嘴鸥, 四季皆是景。

(平均海拔约2090米)

- **大理古城** 城内由南到北,一条大街横贯其中,深街幽巷,由西到东纵横交错,全程清 一色的青瓦屋面,鹅卵石堆砌的墙面,显示着古城的古朴、别致、优雅。漫步于洋人街, 这里一家接一家的中西餐馆、咖啡厅、酒吧、工艺品商店,中西方文化的交融,在这里形 成了一道靓丽的风景线。
- 大理理想邦-圣托里尼(含下午茶+旅拍) 这个被称为大理圣托里尼的神仙小镇,背靠 苍山面朝洱海,仿佛走进一个纯白色的梦境,每一个转角都是绝美风景,有一种瞬间来到 希腊的既视感。

(平均海拔约2100米)

沙溪古镇(寺登街、古戏台、玉津桥、沙溪先锋书局) - 走在有着岁月痕迹的青石板路 上,周围的古建筑,清澈流淌的小溪和岸边的花花草草,这就是岁月静好的样子吧。

册江 (平均海拔约2400米)

- 丽江古城 世界文化遗产,具有800多年历史的丽江古城、始建于南宋末年。街道不拘于 工整而自由分布,主街傍水,小巷临渠,300多座古石桥与河水、绿树、古巷、古屋相依 相映,极具高原水乡古树、小桥、流水、入家的美学意韵。
- 拉市海湿地公园: 候鸟湾 每年黄金观鸟期"11月至次年三月", 在这里, 吹着"海"风 晒着太阳,沿着"海"岸欣赏候鸟可爱的身姿,与其一起嬉戏玩耍。春风吹来了盛放的 桃花之海,每年3-4月,身临其境地感受"桃之夭夭,灼灼其华"。夏秋季节,便是湿地 公园最斑斓的时候,蓝天白云,映衬着碧波荡漾的湖水,配上四季花田,构成了候鸟湾的 **多彩与美妙。**

活湖(平均海拔约2944米)

- 泸沽湖观景台 欣赏风景如画的泸沽湖全景,远眺格姆女神山。
- **里务比岛(不含游船环岛)** 位于泸沽湖的中南部,与吐布半岛将泸沽湖一分为二。岛 屿的一侧为石笋,成为天然的码头。
- 里务比寺 位于里务比岛上,属黄教嘲嘛教。寺里供奉的佛像、法器都是当地信教群众 自愿集资供奉的。



酒店住宿(7晚)

✓ 昆明维也纳酒店或同级

x2 晚

剑川剑阳客栈或同级

x1晚

泸沽湖海境酒店或同级

- x2 晚 x1 晚
- ✓ 丽江祥和一号假日酒店或同级
- x1 晚
- ✓ 大理中和坊酒店或同级

自费项目:云南映像歌舞表演乙票【人民币280/人】

免责声明;由于新冠肺炎疫情旅行限制当地/宗教节日,公众假期,天气状况,交通等情况,自然灾害,必要时黄金旅程保留对行程进行适当调整(调整景点游览顺序)以确保行程顺利进行,





DEPARTURE 7 KUNMING

(MOB/D)

☑ Check In Hotel

KUNMING A (300km) DALI (110km) JIANCHUAN (B/L/D)

- ☑ Ideal State Dali Santorini (Include afternoon Tea + Travel photography) ☑ Erhai Lake Ecological Corridor
- JIANCHUAN 🖨 (280km) LUGU LAKE (B/L/D)
 - ☑ Shaxi Ancient Town
 - Millennium Bazaar Temple Street, Ancient Stage, Yujin Bridge
 - ☑ Eighteen Bend Observation Deck
 - ☑ Mosuo Campfire Part

LUGU LAKE

- $\ensuremath{\,\boxtimes\,}$ Lugu Lake Experience Pig Trough Boat ride (Exclude cruising around the lake)
- ☑ Liwubi Temple
- ✓ Lege Observation Deck
- ☑ Lover's Beach

LUGU LAKE (200km) LIJIANG

(B/L/D)

- ☑ Lugu Lake Observation desk
- ✓ Lashihai Wetland Park✓ Lijiang Ancient Town (Square Street)

LIJIANG (180km) DALI (B/L/D) D6

- ☑ Snow Mountain Canyon Performing (Include buggy + Glass Walkway + Canyon + Mufu Fengyun Performance
- ☑ Dali Ethic Bai Residence (Include Three Course Tea and Show)

 ☑ Dali Longkan Wharf

DALI (300km) KUNMING (B/L/D)

- ✓ Dali Ancient City (Exclude Buggy)
- ☑ Yuyuan
- ☑ Dounan Flower Market

KUNMING A ARRIVAL

- Golden Horse & Jade Rooster Archway
- ☑ Qianwang Street

TOURIST ATTRACTIONS:

KUNMING

Yuyuan - a fusion of traditional Chinese pavilions and Western Gothic architecture. Check in time and space to travel through the internet top rated wall; the red Gothic building - Jinhou Building; check in seasonally with begonias, metasequoia, wisteria, lotus ponds, and red-billed gulls, all seasons are scenery.

DALI (Average Altitude at 2090m)

- Dali Ancient City is the first historical and cultural city in China. There have shop specific sell marble products, tie-dve, straw braid and signature food and drink from the ethnic Bai, or enjoy and have a drink at Foreign Street.
- Dali Ideal State Known as Dali Santorini , situated in-front of Cangshan Mountain and facing Erhai Lake, slow down you step and have a relaxing afternoon tea with the beautiful scenery here

JIANCHUAN (Average Altitude at 2100m)

Shaxi Ancient Town - situated at the southwest of Jianchuan County in Dali Bai Autonomous Prefecture, Yunnan Province. It was an important trading hub on the Yunnan-Tibet Tea Horse Road. People of the town will sold a wide variety of homemade items for the passing caravans and offered food to them.

LIJIANG (Average Altitude at 2400m)

- Lijiang Ancient Town listed as a UNESCO World cultural heritage side with more than 800 years history. Lijiang Ancient Town is characterized by ancient cobbled streets, stone bridges, and water-wheel-driven canals decorated with flowers. Shops, cafés, bars, restaurants, snack stalls, hotels, and hostels can be found everywhere.
- Lashihai Wetland Park also known as Migratory Bird Bay, every year from November to March this is a wintering sites for migratory waterbirds. Peach flowers blossom start from March till April and there're four season slower Field from May till October

LUGU LAKE (Average Altitude at 2944m)

- Lugu Lake Observation Deck Enjoy the scenery of Lugu Lake and overlook Gemu Goddess Mountain
- Liwubi Island Lugu Lake is divided into two parts by Liwubi Island and Tubu Island. Once side of Liwubi Island is a stalagmite which likes a natural pier.
- **Liwubi Temple** The temple on the island of REgoji is a Yellow Lama Temple.



7 Breakfast / 7 Lunch / 7 Dinner

Special Cuisine:

D8

- ★ Mushroom Hot Pot ★ Stone pot Stew Fish
- ★ Yunnan Bridge Noodle + Steam Pot Chicken ★ Fish Casserole ★ Shan Lao Ham Cuisine
- Campfire + Local Cuisine

- **HOTEL OR SIMILAR (7 NIGHTS)**
- Kunming Vienna Hotel or similar class
- Jianchuan Jianyang Inn or similar class
- Lugu Lake Seaview Hotel or similar class
- Lijiang Xianghe No.1 Holiday Hotel or similar class ✓ Dali Zhong He Fang Hotel or similar class
- x1 Night x2 Nights x1 Night x1 Night

x2 Nights

Optional Tour: Yunnan Song and Dance Performance [RMB 280/pax]

General Information

·云南 Yunnan·



货币 Currency	Chinese Yuan - CNY Renminbi - RMB 中国元 - CNY 人民币 - RMB		信用卡 Credit Card	* Major credit c	ン,以延长你的信用卡额度 ards such as Visa and Masi ly widely used	ter
货币兑换率 Exchange Rate	10 CNY = MYR 6.50 10 元 = 马币 6.50 "Subject to currency of the day" *以当天汇率为准*		拨号代码 Dial Code	China 中国	: +86 : +86	
电压 Voltage	Voltage - almost always 220 V 电压 - 220 伏特		插座 Power Socket	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"		flat
时差 Time Different	China - No time different with Mala中国 - 时间与 马来西亚 时间标准时		行李托运 Luggage Allowance	not more than 20 than 7 kg.	re entitled to check in 1 luggar kg and a hand carry bag not t 牛不超过7公斤的手提行李上标 过20公斤。	more
气候 Weather	3月-5月 Mar to May	Summer 夏 6月 – 8月 Jun to Aug 28℃ ~ 17℃	9) S e	utumn 秋季 月-11月 ep to Nov ß℃~15℃	Winter 冬季 12月 – 2月 Dec to Feb 19℃ ~ 6℃ *Subject to weather of the day* *以送天气物	设告为准*
飞机型号 Aircraft Type	A330	B737	- innumer	B787	9	
Departure Da 出发日期: Tour Fare: 团费: Tipping: 小费: Visa: 签证:	ite:	舠 A 材 A が Ti が T	Flight:	费:		
	GD Partner:					

