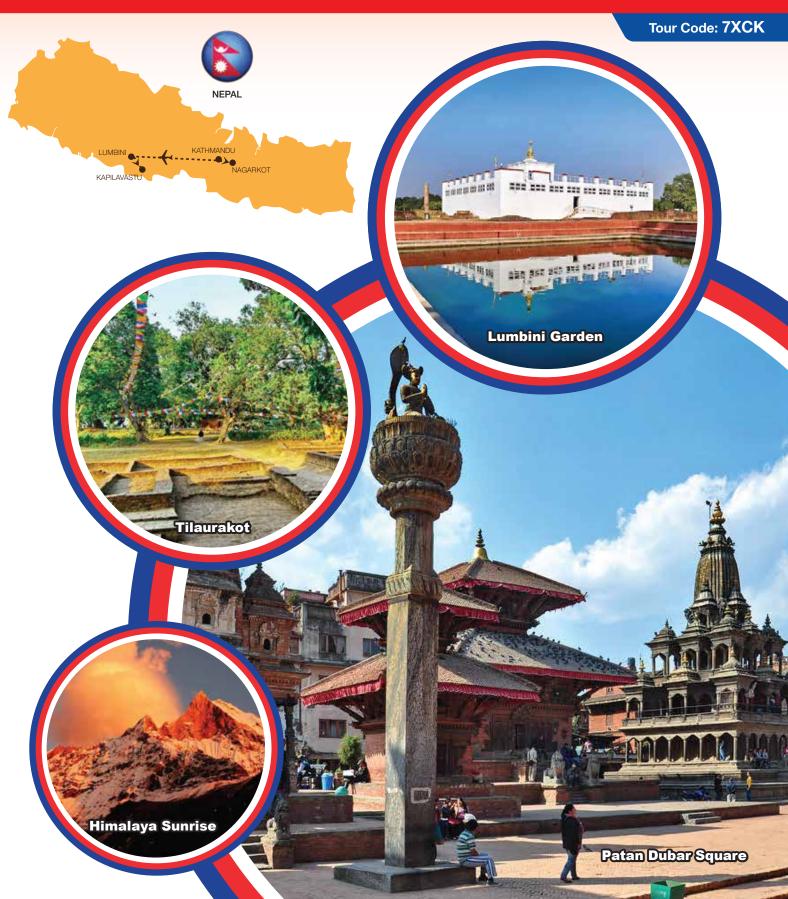


# 7D6N NEPAL ~ KATHMANDU & LUMBINI

KATHMANDU, LUMBINI, KAPILAVASTU, NAGARKOT

















KUALA LUMPUR → KATHMANDU

Boudhanath Stupa (Entrance Included)

KATHMANDU > LUMBINI (By Domestic Flight)

(B/L/D

Lumbini Garden (Entrance Included) \*KATHMANDU to LUMBINI (25M) 🐴

LUMBINI - KAPILAVASTU **D3** (32KM 50M) **– LÜMBINI** 

(B/L/D)

Tilaurakot (Visit)

LUMBINI → KATHMANDU **D4** (By Domestic Flight) - NAGARKOT (30KM 1H30M) (B/L/D)

> Bhaktapur Durbar Square (Entrance Included) \*LUMBINI to KATHMANDU (25M)



NAGARKOT - KATHMANDU **D5** (30KM 1H30M) (B/L/D)

- View Sunrise over Himalaya
- Patan Durbar Square (Entrance Included)
- Swayambhunath Stupa (Entrance Included)
- Kathmandu Durbar Square (Entrance Included)

KATHMANDU **D6** 

(B/L/D)

- Bungmati & Khokana Village (Entrance Included)
- Panoramic Views of Kathmandu Valley
- Thamel Street (Shopping)

**D7** 

KATHMANDU + KUALA LUMPUR

Arrive Kuala Lumpur

### KATHMANDU

- **Kathmandu** is the capital, the largest city and the namesake of the Kathmandu Valley, at an altitude of 1,400 metres (4,600 feet). Once thought to be the fabled and inaccessible Shangri-La, one of the oldest city continuously inhabited places in the world.
- Boudhanath Stupa is one of the important pilgrims for Buddhists. The Stupa is surrounded by one hundred and eight small niches accommodating the icons of Buddhas, Bodhisatavas and other female deities. The serene environment in the surrounding of the Stupa has added to its attraction. Listed in the UNESCO world heritage site, the huge sized stupa is one of the prime sites for tourists and pilgrims.
- **Bhaktapur Durbar Square** is a former royal palace complex located in Bhaktapur, Nepal. It housed the Malla kings of Nepal from 14th to 15th century and the kings of the Kingdom of Bhaktapur from 15th to late 18th century. The one in Bhaktapur was considered the biggest and the grandest among the three during its independency but now many of the buildings that once occupied the square has been lost to the frequent earthquakes. During its height, Bhaktapur Durbar Square contained 99 courtyards but today hardly 15 of these courtyards remain. Today, this square is recognised by UNESCO.
- Patan Durbar Square also knowns as Lalitpur, house of the residence of the former Patan Royal family. Patan Square and its surrounding are good specimen of ancient Newari architecture. There are three main courtyards in the palace, Mul Chowk, Sundari Chowk and Keshav Narayan Chowk, the oldest one is at the center of the Patan Square. Several multi sized and multi styled temples occupy the western part of the complex. Main among these are Krishna Temple, Bhimsen Temple and the Golden Temple of Hiranya Varna.
- Swayambhunath Stupa situated on the top of a hill, is one of the most popular holy and instantly recognizable symbols of Nepal. The temple is colloquially knowns as the monkey temple because of the large tribe of roving monkeys who guard the temple. This Stupa is laden with 13 gold plated spires symbolizing 13 stages to salvation in Buddhism.
- Kathmandu Durbar Square also known as Hanuman Dhoka Durbur (palace), used to be the residence of the Nepali Royal family and administrators. Its one of three Durbar (royal palace) Squares in the Kathmandu Valley in Nepal, all of which are UNESCO World Heritage Sites. Durbar Square is an important site for Buddhist and Hindu rituals, holy ceremonies, royal events, and kingly coronations.





- 2 Ways Domestic flight
- ✓ Boudhanath Stupa, One of the Largest Round Stupa in the World, listed as UNESCO World Heritage Site
- Lumbini Garden, the Birthplace of the Lord Buddha, listed as UNESCO World Heritage Sites in 1997
- Explore to Tilaurakot, Childhood Home of Prince Siddhartha (Lord Buddha), identified he Spent 29 years of His Life
- Enjoy the Panoramic View of Himalaya Sunrise and Stunning Mountain Scenery on the Edge of the Kathmandu Valley
- Bhaktapur Durbar Square, Patan Durbar Square & Kathmandu Durbar Square, are the UNESCO Heritage Sites
- ✓ Patan also Known as "City of Fine Arts" and is outstanding for its Artworks and Rich Masterful I egacy
- Swayambhunath Stupa is One of the Crowning Glories of Kathmandu Valley Architecture
- Bungamati & Khokana Ancient Village in Nepal's Countryside, Famous for their Artwork and Mustard Oil Production
- ▼ Thamel Street is a Shopping Street in Kathmandu, Selling a Wide Range of Souvenirs and Nepalese Local Handicrafts
- ✓ 2 Bottles of Water Per Person Per Day



5 ★ HOTEL (3NIGHTS), SUPERIOR HOTEL (3NIGHTS)

✓ KATHMANDU X 3 NIGHTS✓ LUMBINI X 2 NIGHTS✓ NAGARKOT X 1 NIGHT



- 6 Breakfast / 6 Lunch / 6 Dinner
- Local Cuisine

### **KATHMANDU**

• Bungmati & Khokana Village – believed to have been founded in 6th century, Bungmati sits on top of a hillock opposite the Bagmati river. It's a unique opportunity to learn about the traditions of the rural residents whose families have thrived here since antiquity. These are the Newars, people who are indigenous to the Kathmandu Valley. Even today they live simply, In much the same way as their forefathers.

### **LUMBINI**

- Lumbini Garden in Sanskrit, Lumbini means 'the lovely'. It is the place where, according to Buddhist tradition, Queen Mahamayadevi gave birth to Siddhartha Gautama in 623 BC, which soon became a place of pilgrimage. Among the pilgrims, Emperor Ashoka who erected one of his commemorative pillars there, identified it as the birth-place of the Buddha.
- Tilaurakot the ancient Shakyan city of Kapilavastu, is considered to be the place where Lord Gautama Buddha spent 29 years of his life. Studies reveal that Gautama Buddha had lived his life as a prince and received all the royal luxuries before renouncing his sthrone and walking out of the Eastern Gate. Tilaurakot is termed as a UNESCO tentative site and is a significant tourist attraction.

### **NAGARKOT**

Nagarkot – is a village in central Nepal, at the rim of the Kathmandu Valley. It's known for its views of the Himalayas, including Mount Everest to the northeast, which are especially striking at sunrise and sunset. The surrounding scrubland is laced with trails and home to many butterflies. Nagarkot also offers a panoramic view of the Kathmandu Valley. The scenic beauty of the place makes it a very popular hiking route for tourists.



## General Information

# **NEPAL**



| Currency        | Nepalese Rupee (NPR)  | Credit Card  Call credit card centre to extend your credit card limit  * Credit Card are used widely in Nepal      |
|-----------------|---|--|
| Exchange Rate   | RM 1 : NPR 30   | Dial Code Nepal: + 977   |
| Voltage         | 230 Volts, 50 Hz  | Power Socket Type C (2-pin) Type M (3-pin) Type D (3-pin)  *Please bring a universal electric plug adapter         |
| Time Different  | Approximately<br>2hrs 15 minutes behind Malaysia time       | Each individual are entitled to check in 1 luggage of not more than 20kgs and a hand carry bag not more than 7kgs. |
| Weather         | Spring Summer  Mar - May Jun - Aug  16°C - 23°C 23°C - 25°C | Autumn Winter Sep - Nov Dec - Feb 15°C - 24°C 9°C - 12°C   |
| Aircraft Type   | Malaysia Airline  | Air Asia X Malindo   |
|                 |   |  |
| Departure Date: |   | Flight:  |
| Tour Fare:      |   | Airport Tax & Fuel Surcharge:  |
| Tipping:        |   | Agent Collection Fee:  |
| Visa:           |   | Travel Insurance:  |
|                 |   | TOTAL:   |
|                 | T 1.0   |  |



Travel Agent: